



North Walsall Primary Academy

P.E POLICY

Our Mission

To provide the very best education for all pupils and the highest level of support for our staff to ensure every child leaves our academies with everything they need to reach their full potential.

We promise to do everything we can to give children the very best education that gives them the best opportunity to succeed in life.

North Walsall Primary Academy recognises the importance of physical education to a child's development. We aim to provide a broad and balanced PE curriculum to support children's increasing self-confidence and their ability to achieve through sports. A range of activities are planned and delivered to provide children with the knowledge, skills and understanding, which they then can develop over time. Children are taught to appreciate the importance of a healthy body, and begin to recognise factors which affect health and fitness.

PE is part of the National Curriculum and therefore it is statutory for all children to take part in all PE sessions.

1. Aims

- To develop skilful use of the body, increasing abilities and confidence in their own skills.
- To develop an understanding of the effects of exercise on the body, and an appreciation of how to keep ourselves safe when exercising.
- To develop team work skills, taking the lead and learning to work with others.
- To provide equal opportunities for all pupils to reach their full potential.
- To develop a love of exercise and sport.

2. SMSC

- To develop decision making and confidence.
- To improve independence and communication skills.
- To develop positive attitudes to sport.
- To raise self-esteem through celebrating success.

3. Curriculum Planning Aims and Organisation

We aim to provide a well-balanced curriculum which covers the statutory requirements for the PE National Curriculum.

Pupils should be taught to:

- Use running, jumping, throwing and catching
- Play competitive games
- Develop flexibility, strength, control and balance
- Develop fine motor skills and tactics

- Perform dances using a range of movement patterns
- Take part in outdoor and adventurous activities
- Compare performances with previous ones and suggest improvements

Each class is timetabled so that they can complete 2 hours of PE per week. North Walsall Primary Academy are currently working alongside qualified Sports Coaches to support delivery of the PE Curriculum.

4. Assessment Recording and Reporting

PE assessment is still under review. However teachers should assess achievement in physical education through observing ability groups of children, listening to children's answers, discussions and evaluations etc. to inform their planning.

When children attend out of school competitions, matches and events, certificates should be issued and presented in celebration assemblies. Children may also be issued with rewards. Rewards in P.E. lessons/extra-curricular clubs can take the form of house points or comments to parents regarding achievements.

5. PE Kit

When getting changed for PE children should get dressed in an appropriate, sensible manner. In upper KS2, boys and girls get changed separately.

Standard PE kit is as follows:

- Plain white t-shirt
- Black shorts/trousers/leggings
- Black pumps/trainers

6. Swimming

At North Walsall Primary Academy, swimming lessons are provided to Years 4, 5 and 6 with each class having swimming lessons for a term. They have an hour swimming session taught by a qualified swimming instructor to achieve swimming badges. Children must wear a swimming cap for swimming lessons.

As swimming is in the National Curriculum, only pupils who have a valid medical reason may be excused.

7. Non-Attending

All children must take part in PE. If children are fit enough to attend school they should be able to participate in PE. Again, children may only be excused for valid medical reasons.

Consequences for not having PE kit in school

- 1st time: Child to borrow kit (t-shirts in PE cupboard) and if they are safe to do so, take part in the lesson.
- 2nd time: Child is to take a PE book to another class and is to miss their break time.
- 3rd time: Child is to take a PE book to another class, miss their lunch and a letter is to be sent home reminding parents.
- 4th time: Child is referred to PE co-ordinator and parents are to be spoken to.

8. Jewellery

In the interests of safety, all jewellery should be removed for PE. Ideally children should leave their jewellery at home on PE days.

Children must take out earrings if they have had their ears pierced for 6 or more weeks. During this six week period, parents **must** send in plasters for them to cover their ears.

After the six week period, parents must ensure that their children either take out their earrings before school if they cannot do this themselves or they take them out before the lesson when they get changed.

Also, under no circumstances must the jewellery be removed by a teacher or child. It may also be noted that it is not the teacher's responsibility to look after valuables.

9. Hair

In North Walsall Primary Academy, safety and hygiene is very important. All children with hair that is long enough to tie back should be done so with a hair band during PE lessons. During swimming lessons, children must wear swimming caps.

10. Injuries

Injuries will occur in PE simply because the children are active. Staff need to be aware of the following procedure:

1. Stop all activity immediately and get the children to sit down and be quiet.
2. Assess the situation. The majority of injuries are minor. If you feel an accident is more serious send a child to the main office and request for an adult who has a First Aid qualification to attend quickly.

11. The Extended Curriculum

Throughout the school year, children will have opportunities to take part in after school clubs and to represent the school in competitions against other local schools. A first aid kit and any medication needed by children should be taken with a member of staff to the events.

12. Sport Premium

The school is providing additional funding for the academic year 2016-2017 to improve the provision of Physical Education and sport. This funding- provided jointly by the Department for Education, can only be spent on provision of PE and sport in schools.

Schools must spend additional funding on improving their provision of PE and sport, but have the freedom to choose how they do this.

To see an up-to-date copy of our Sports Premium, contact our school office or look on our school website.

13. SEN

All pupils will have access to a broad, balanced curriculum which includes PE. The provision of SEN in PE is the class teacher's responsibility. To see our SEN policy or offer, contact our school office or look on our school website.

14. Summary

At North Walsall Primary Academy, we believe PE to be an essential part of the curriculum to be experienced and enjoyed by all children.