

# Primary Autumn/Winter 2018 Menu

## Week 1



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Main Dish</b>	Veggie Supreme Pizza	Chicken Mayo Bun <i>with Jacket Wedges</i>	Roast Turkey <i>with Roast Potatoes &amp; Gravy</i>	Pasta Bolognaise	Crispy Fish & Chips <i>Crispy Battered Pollock with Chips</i>
<b>Alternative Dish</b>	Mild Potato and Chickpea Curry <i>with Rice **</i>	Chinese Veggie Noodles	Quorn Roast <i>With Roast Potatoes and Gravy</i>	Bean Burger in a Bun <i>And Tomato Relish With Potato Wedges</i>	Quorn Dippers <i>with Chips</i>
<b>Vegetables</b>	Sweetcorn Peas	Roasted Vegetables Carrots	Green Beans Cauliflower	Carrots Broccoli	Baked Beans Crunchy Coleslaw
<b>Desserts</b>	Flapjack <i>with Fruit Slices *</i>	Pear and Ginger Crumble * <i>with Custard</i>	Chocolate Ice Cream	Brownie Cake	Lemon Shortbread

Cool Water, Fresh Fruit and Yoghurt served daily

\*Fruit Based \*\*Wholegrain \*\*\*Oily Fish

Jacket Potato's and a selection of salad available daily





# Primary Autumn/Winter 2018 Menu

## Week 3



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Mozzarella & Tomato Pizza ** <i>with Jacket Wedges</i>	Chinese Chicken Noodles	Roast Pork <i>with Roast Potatoes and Gravy</i>	<b>Beef Burger</b> <i>with potato wedges</i>	Salmon Fish Fingers *** <i>with Chips</i>
Alternative Dish	Tomato and Vegetable Savoury Rice	Creamy Tomato and Basil Pasta **	Quorn Roast <i>with Roast Potatoes with Gravy</i>	Italian Frittata <i>With rice</i>	Baked Bean and Cheese Quesadilla <i>with Chips</i>
Vegetables	Peas Roasted Vegetables	Carrots Green Beans	Seasonal Cabbage Carrot and Swede Mash	Broccoli Sweetcorn	Peas Crunchy Coleslaw
Desserts	Strawberry Ice Cream	Raspberry Ripple Cake	Peach Slice	Shortbread Fingers <i>with Fruit Slices *</i>	Pineapple Upside Down Cake * <i>with Custard</i>

Cool Water, Fresh Fruit and Yoghurt served daily  
 \*Fruit Based \*\*Wholegrain \*\*\*Oily Fish  
 Jacket Potato's and a selection of salad available daily

