



North Walsall Primary Academy

P.E Procedures

Updated: September 2022

PE Lead: Miss Pritchard

PE Deputy: Miss Smith

Our Mission

To provide the absolute best education for all pupils and the highest level of support for our staff to ensure every child leaves our academies with everything they need to reach their full potential.

We promise to do everything we can to give children the very best education that gives them the best opportunity to succeed in life.

Since 1994, swimming and water safety has been a statutory element of the national curriculum for physical education in England. As such at North Walsall, we have ensured Swimming at KS2 is an integral part of our PE provision.

North Walsall Primary Academy recognises the importance of physical education to a child's development. We aim to provide a broad and balanced PE curriculum to support children's increasing self-confidence and their ability to achieve through sports. A range of activities are planned and delivered, to provide children with the knowledge, skills and understanding, which they then can develop over time. Children are taught to appreciate the importance of a healthy body, and begin to recognise factors, which affect health and fitness.

PE is part of the National Curriculum and therefore it is statutory for all children to take part in all PE sessions.

1. Aims

- To develop skilful use of the body, increasing abilities and confidence in their own skills.
- To develop an understanding of the effects of exercise on the body, and an appreciation of how to keep ourselves safe when exercising.
- To develop teamwork skills, taking the lead and learning to work with others.
- To provide equal opportunities for all pupils to reach their full potential.
- To develop a love of exercise and sport.

2. SMSC

- To develop decision making and confidence.
- To improve independence and communication skills.
- To develop positive attitudes to sport.
- To raise self-esteem through celebrating success.

3. Curriculum Planning Aims and Organisation

We aim to provide a well-balanced curriculum, which covers the statutory requirements for the PE National Curriculum.

Pupils should be taught to:

- Use running, jumping, throwing and catching
- Play competitive games
- Develop flexibility, strength, control and balance
- Develop fine motor skills and tactics
- Perform dances using a range of movement patterns
- Take part in outdoor and adventurous activities
- Compare performances with previous ones and suggest improvements

Each class is timetabled so that they can complete 2 hours of PE per week. North Walsall Primary Academy are currently working alongside qualified Sports Coaches to support delivery of the PE Curriculum.

4. Assessment Recording and Reporting

The assessment of PE will now be tracked through Fisher Family Trust (FFT). This programme allows members of staff to accurately monitor the progression of all pupils. This information can then inform future planning and tracking as they move throughout the years, here at NWPA. Teachers assess achievement in physical education through observing ability groups of children, listening to children's answers, discussions, and evaluations etc. to inform their planning.

When children attend out of school competitions, matches and events, certificates should be issued and presented in celebration assemblies. Children may also be issued with rewards. Rewards in P.E. lessons/extra-curricular clubs can take the form of house points or comments to parents regarding achievements.

5. PE Kit

When getting changed for PE children should get dressed in an appropriate, sensible manner. In year 6, boys and girls get changed separately.

Indoor PE kit is as follows:

- School logo white crew neck or polo t-shirt
- Black shorts
- Black pumps

Outdoor PE kit is as follows:

- School logo white crew neck or polo t-shirt
- Plain Grey or Black tracksuit (no logs, names, or coloured bands)
- Plain Black Pumps

6. Offsite visits

All off site visits including those for swimming, trips, competitions and outdoor pursuits require the school PE bag, with the NWPA logo. Any form of ruck sack or plastic bag is not acceptable, and will result in an orange card. Please contact the office for further information of stockists.

7. COVID 19 procedures

During the pandemic COVID 19, the safety of our pupils and staff is paramount. Therefore, strict procedures have been added to PE lessons. Firstly, all staff and pupils should wash/anti bac their hands before they handle any equipment. Throughout the lesson, children are encouraged to maintain a safe distance from both staff members and pupils. Until further guidance is released, pupils will not be sharing any PE equipment, and where possible will each have their own. Where this is not possible, all equipment will be suitably sanitised between usage. At the end of the PE lesson, all staff and pupils will once again wash/sanitise their hands.

8. Swimming

At North Walsall Primary Academy, swimming lessons are provided to Years 4, 5 and 6 with each class having swimming lessons for a term. They have an hour swimming session taught by a qualified swimming instructor to achieve swimming badges. Children must wear a swimming cap for swimming lessons. We now have two members of staff that are trained swimming instructors, and where possible these members of staff will accompany each class on their swimming lessons.

- Miss Pritchard – Level 2 Swimming Teacher
- Mrs Allen – Level 1 Swimming Assistant

Swimming is the only sport to be included explicitly within the national curriculum physical education program of study. All primary schools must provide swimming and water safety lessons in either Key Stage 1 or 2.

Each pupil is required to be able to do the following:

- Perform safe self-rescue in different water based situations
- Swim competently, confidently, and proficiently over a distance of **at least 25 metres**

- Use a range of strokes effectively, for example, front crawl, backstroke, and breaststroke.

9. Non-Attending

All children must take part in PE. If children are fit enough to attend school they should be able to participate in PE. Again, children may only be excused for valid medical reasons.

Consequences for not having PE kit in school

- **1st time:** Child to receive an orange card. Parent to be notified by the class teacher. Child to take an active role in PE by observing, providing feedback, and reinforcing skills.
- **2nd time:** Child will receive a further orange card. Parent to be contacted via telephone by Class Teacher. Again, child to take part in lesson, as above.
- **3rd time:** Child to receive a red card. Parent will then be contacted by the PE lead to discuss support moving forward.

10. Jewellery

In the interests of safety, all jewellery should be removed for PE, this includes swimming. Ideally children should leave their jewellery at home on PE days.

Children with newly pierced ears **will still be asked to remove their earrings**. As such we suggest children have their ears pierced during the first week of 6-week summer break to allow the piercings time to heal before returning to school.

Refusal to remove jewellery will result in an orange card and non-participation in the PE lesson. PE is compulsory for every child and is part of the national curriculum and a continuation of refusal will result in a meeting with the PE lead, and ultimately a suitable member of Senior Leadership team.

Under no circumstances must the jewellery be removed by a teacher or another child. It may also be noted that it is not the teacher's responsibility to look after valuables.

11. Hair

In North Walsall Primary Academy, safety and hygiene is especially important. All children with hair that is long enough to tie back should do so with a hair band during PE lessons. During swimming lessons, children must wear swimming caps. Please see the school office for swimming caps.

12. Injuries

Injuries will occur in PE simply because the children are active. Staff need to be aware of the following procedure:

1. Stop all activity immediately and get the children to sit down and be quiet.
2. Assess the situation. The majority of injuries are minor. If you feel an accident is more serious radio to the office to ask for assistant. The majority of class have at least one member of staff who are First aid trained.

11. The Extended Curriculum

Throughout the school year, children will have opportunities to take part in after school clubs and to represent the school in competitions against other local schools. A first aid kit and any medication needed by children should be taken with a member of staff to the events.

12. Sport Premium

The school is providing additional funding for the academic year 2020-2021 to improve the provision of Physical Education and sport. This funding- provided jointly by the Department for Education, can only be

spent on provision of PE and sport in schools.

Schools must spend additional funding on improving their provision of PE and sport but have the freedom to choose how they do this.

To see an up-to-date copy of our Sports Premium, contact our school office or look on our school website.

13. SEN

All pupils will have access to a broad, balanced curriculum, which includes PE. The provision of SEN in PE is the class teacher's responsibility. To see our SEN policy or offer, contact our school office, or look on our school website.

14. Summary

At North Walsall Primary Academy, we believe PE to be an essential part of the curriculum to be experienced and enjoyed by all children.