

THREE WEEK MENU

 Chartwells
Schools

AUTUMN/WINTER 2023

OUR NEW MENU
CHOSEN BY
PARENTS AND
CHILDREN

YOUR
FAVOURITES
AVAILABLE
EVERY DAY



Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 1

W/C: 30/10, 20/11, 11/12, 22/01, 04/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Cheese and Tomato Pizza 🍕 Served with Potato Wedges	Classic Beef Burger Served with Potato Wedges	Roast Chicken Served with Roast Potatoes and Gravy	Beef Bolognese 🍖❤️ Served with Wholewheat Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
	Stir Fried Vegetable Rice 🥬🍅❤️	Vegetarian Burger 🌱 Served with Potato Wedges	Vegetable Pastry Roll 🌱 Served with Mashed Potato and Gravy	Vegetarian Bolognese 🌱❤️ Served with Wholewheat Pasta and Garlic and Herb Bread	Crispy Quorn Nuggets 🌱 Served with Chips
JACKET POTATO	Jacket Potatoes ❤️🌱 with a choice of hot and cold fillings	Jacket Potatoes ❤️🌱 with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	Jacket Potatoes ❤️🌱 with a choice of hot and cold fillings	Jacket Potatoes ❤️🌱 with a choice of hot and cold fillings	Jacket Potatoes ❤️🌱 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱🍅					
All main meals are served with two vegetables					
DESSERT	Chocolate Sponge with Chocolate Custard	Raspberry Yoghurt Cake with Fruit 🍓	Banana Cake 🍌	Original Flapjack	Vanilla Ice Cream



WEEK 2

W/C: 06/11, 27/11, 18/12, 08/01, 29/01, 19/02, 11/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Cheese and Tomato Pizza 🌱  Served with Potato Wedges	Chicken and Vegetable Tikka Masala 🍷 🍷 Served with Wholegrain Rice	Roast Beef Served with Roast Potatoes and Gravy	Turkey Burger Served with Potato Wedges	Breaded Fish Fingers Served with Chips
	Vegetarian Cottage Pie 🌱 🍷 Served with Gravy	Vegetable Korma 🌱 🍷 🍷 Served with Wholegrain Rice	Cheesy Leek and Carrot Crumble 🌱 🍷 Served with Roast Potatoes and Gravy	Vegetarian Sausage Pasta Bake 🍷 🌱 Served with Garlic and Herb Bread	Crispy Quorn Nuggets 🌱 Served with Chips
JACKET POTATO	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱 🍷					
All main meals are served with two vegetables					
DESSERT	Apple Crumble with Custard 🌱	Crunchy Chocolate Biscuit	Vanilla Sponge with Custard	Chocolate Shortbread with Fruit 🌱	Strawberry Ice Cream


AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🍷 Wholegrain 🍏 Fruity! 🍷 Nutritionist's Choice 🍷 Halal Available

WEEK 3

W/C: 13/11, 04/12, 15/01, 05/02, 26/02, 18/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Cheese and Tomato Pizza 🌱  Served with Potato Wedges	Pork Sausages Served with Mash Potato and Gravy	Roast Lamb Served with Roast Potatoes and Gravy	Lamb Bolognese 🍷 🍷 Served with Wholewheat Pasta	Southern Fried Chicken Served with Chips
	Chilli No Carne with Crispy Tortilla 🌱 🍷 🍷 Served with Wholegrain Rice	Cauliflower Macaroni Cheese 🌱 🍷 🍷 Served with Garlic and Herb Bread	Sweet Potato and Chickpea Roast 🌱 🍷 Served with Roast Potatoes and Gravy	Sweet and Sour Vegetables 🌱 🍷 Served with Wholegrain Rice	Crispy Quorn Nuggets 🌱 Served with Chips
JACKET POTATO	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱 🍷					
All main meals are served with two vegetables					
DESSERT	Banana and Carrot Cake 🌱	Strawberry Jelly	Orange Drizzle with Fruit 🌱	Chocolate Shortbread	Chocolate Ice Cream with Shortbread Biscuit